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DELIZIA - EATING HISTORY: THE STORY OF ITALY ON A PLATE

6 x 52' (ENG, GER)

A famous gastronome said, "Tell me what you eat, and I'll tell you who you are." This seems to be the perfect description of Italy.

The steaming plates of pasta, the mozzarella-laden pizzas, the mouth-watering milk-fed lamb, and the dripping artichokes alla giudia: these and a thousand other dishes are not just a delight for the palate. They are also the key to Italy's history, with its unique blend of creative genius, bloodshed, passion, intrigue, heroism and greed ... all the elements that forge the identity of a people.



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1. What the Romans Ate 2. Holy Food

5. Hunger Games

3. Power Lunch 4. The Private Life of Pasta

6. Viva l'Italia